# ANNUAL REPORT 2022-23



# **Kamla Nehru College for Women**

## Plahi Road Phagwara

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## Annual Report 2022-23

(1<sup>ST</sup> July 2022 to 30<sup>th</sup> June, 2023)

Kamla Nehru College for Women, Phagwara, dedicated to the noble cause of women education, is deeply indebted to its founding fathers who were educationists, visionaries and philanthropists, always working for the upliftment of the society. This institution was established in **1965** by such founders who had a noble objective of "Empowering women".

The progress of the college has been possible because of the highly intellectual and hardworking 'Presidents' of the college managing committee-namely:

| Late Sh. B.R Hand    | Late Sh. B.K Sardana |
|----------------------|----------------------|
| Late Sh. B.D Sardana | Late Sh. I.K Sardana |

Present President of KNC Group of institutions is Sh. Dhiraj Sardana.

Our heartfelt gratitude to all our founders-

| Late Pt. Kishori Lal   | Late Sh. Hans Raj Bansal     |
|------------------------|------------------------------|
| Late S. Pakhar Singh   | Late Sh Ram Kishan Uppal     |
| Late Sh.Telu Ram Singh | Late Sh. Joginder Nath Joshi |

Following Principals served this institution with great zeal and perseverance:

| Mrs. Shakuntla Srivastav | 10-7-1965 to 30-4-1971   |
|--------------------------|--------------------------|
| Mrs. Shukla Ram Kumar    | 14-8-1971 to 30-9-1972   |
| Mrs. Prem N. Kumar       | 01-7-1973 to 31-3-1997   |
| Dr. Rita Bawa            | 09-7-1997 to 31-8-2000   |
| Mrs. Kusum Verma         | 01-5-2001 to 31-10-2011  |
| Dr. Kiran Walia          | 01-11-2011 to 24-12-2020 |
| Dr. Savinder Pal         | 13-3-2021 to continue    |
| Dr. Kiran Walia          | 01-11-2011 to 24-12-2020 |

#### The contribution of the enlightened faculty (Teaching and Non-Teaching)

Since its inception the college faculty has been working pains taking with a team spirit, and has been the main strength of the college in bringing it to its present prestigious position. We are also fortunate to have a strong support system in the form of encouraging parents, a committed and cooperative management, The University Grants Commission and the University Fraternity. This college, which was set up with a meager strength of 70 students, has progressed by leaps and bounds since its inception and n o w current scenario has earned the college the privilege of being

highly ranked among the foremost women educational institutions of the region. The college is a premier, multi- faculty institution, proud to work under the academic guidance and patronage of Guru Nanak Dev University, Amritsar.

Now a days, when the western bug has smitten the very roots of our culture, this institution has committed itself to safeguard the human, moral and national values, good conduct, discipline and genuine rules which are the special characteristics of this institution.

During its journey towards excellence the college has created many bench marks and achieved many milestones in the fields of Academics, Sports and other Co- curricular activities and h a s carved a niche on the academic map of the region and college was Re-accredited with A++ grade by NAAC with CGPA of 3.55/4.00 and was also a recipient of CPE grant by the UGC. It has also been conferred with 'Star College Status' by department of Biotechnology, New Delhi.

Catering to the needs of career oriented youth of today, the college offers a Spectrum of 9 Under graduate, 3 Honors, 3 Diplomas, 1 Advance Diploma, 3 Post Graduate and 3 P.G Diploma Courses. Apart from a number of UGC approved Add-on Vocational courses, the college is also successfully running skill oriented courses like B.Voc in Beauty & Wellness.

For providing conducive, academic and holistic advancement of the students, College has a highly qualified and experienced staff. The College has 54 faculty members of whom 13 are Ph.Ds, 11 M.Phils and 07 NET qualified. In addition, the college has a strong contingent of 33 Non- teaching employees including office staff, Laboratory staff and other Non-teaching staff like peons, gardeners, watchmen, sweepers, electrician etc.

The college has put up physical structure in the shape of well-furnished and well- ventilated lecture rooms and smart classrooms. It has various well equipped building blocks viz-a-viz Arts block, Science block, Commerce block, Home Science & Fashion Designing block and Computer block etc. Keeping pace with hi-tech world, many classrooms have been installed with smart boards, LCD projectors and many other ICT tools.

To promote Research Culture among the students the college has set up a Common Resource Centre, Hybrid library, Modernized Economics and Business lab, Fashion Designing lab, Home Science lab, Language lab, Psychology and Stress Management lab, Fine Arts Studio, Ultra Modern Cosmetology lab, Bio tech and many Science labs, seminar room and aesthetically designed Auditorium, Open Air Sports Stadium, well Maintained lawns, Botanical Garden, well ventilated hostel,Hygienic Cafeteria, Health care Centre and well Equipped Gymnasium are the special Attractions of the college . The college also owns a unique Heritage Centre which is a treasure of the rare artifacts of Punjab Folk Culture. The College also houses modernised Audio-Video Studio.

The college also gives ample opportunities to its students to identify and explore their talents and areas of interest by giving them, the chance of becoming members of various clubs and committees like Central Association, Career orientation Council, Placement Cell, IQAC, Women Cell, Grievance Redressal Cell, Legal Literacy Cell, Youth Welfare Club, NSS, NCC, Ek Bharat Shreshtha Bharat (EBSB), Planning Forum, Join Hands Club, Learn Earn Club, Green Audit Club, Commerce Club, Red Ribbon club and Alumni Association.

#### **OUR VISION**

To Blossom as one of the Leading and Most Preferred Institutes with earnest endeavours to enhance its quality in imparting excellent education-vocational competitive to the highest academic standards with full devotion and dedication. Translating the dreams of the founders into reality, this prestigious institution:

- Creates and disseminates an atmosphere of learning and research.
- Ensures multidimensional personality development of the learners.
- ✤ Fulfils the needs of country and the community at large.
- Adopts innovative methods of teaching.
- Nurturing talent and creativity, gaining knowledge and acquisition of skills.

#### **OUR MISSION**

To Nurture, Nourish and Chisel our girls into a host of well-shaped individuals Self-reliant, Self-sufficient and Responsible Citizens, Leading to the upliftment of the society:

- Promotion of Social and National Integration.
- Preservation of our Indian Culture and Heritage.
- ◆ To make our college a landmark in the sphere of mass education.

An effort to draw out the best in the students, to make them good human beings

## Shining Stars in Academics

#### <u>MERIT LIST</u> <u>2022-23</u>

| Sr.<br>No. | Univ. Roll No. | Name           | Father's Name | Class                                  | Marks<br>Obtained |
|------------|----------------|----------------|---------------|--|-------------------|
| 1          | 11382136012    | Janvi          | Balbir Chand  | B.Voc 4 <sup>th</sup> Sem<br>(B&W)     | 750/800           |
| 2          | 11382136009    | Sanjana Kakkar | Surinder Pal  | B.Voc 4 <sup>th</sup> Sem<br>(B&W)     | 719/800           |
| 3          | 10332240105    | Kajal Kumari   | Sunil Mandal  | B.Sc. 2 <sup>nd</sup> Sem<br>(Medical) | 653/800           |
| 4          | 10332136019    | Uma Kumari     | Lakhvir Chand | B.Sc. 4 <sup>th</sup> Sem<br>(Eco.)    | 644/800           |

#### **DISTINCTIONS**

#### 2022-2023

| Sr.<br>No. | Univ. Roll No. | Name            | Father's Name   | Class                                   | Marks<br>Obtained |
|------------|----------------|-----------------|-----------------|---|-------------------|
| 1          | 10542023117    | Anjali          | Narinder Kumar  | BBA 6 <sup>th</sup> Sem                 | 1638/             |
| 2          | 10852023144    | Tanisha         | Parbhatdeep     | B.Com 6 <sup>th</sup> Sem               | 1601/2100         |
| 3          | 10852023102    | Latisha Sharma  | Surinder Sharma | B.Com 6 <sup>th</sup> Sem               | 1580/             |
| 4          | 10722023101    | Sanjana         | Tirlok Chand    | BCA 6 <sup>th</sup> Sem                 | 1816/2400         |
| 5          | 10722023102    | Prabhleen Kaur  | Harkamal Singh  | BCA 6 <sup>th</sup> Sem                 | 1938/2400         |
| 6          | 10722023104    | Sakshi Kumari   | Manjeet Kumar   | BCA 6 <sup>th</sup> Sem                 | 1837/2400         |
| 7          | 10722023109    | Prerna Sharma   | Hari Mohan      | BCA 6 <sup>th</sup> Sem                 | 1803/2400         |
|            |                |                 | Sharma          |   |                   |
| 8          | 10332023103    | Gaganpreet      | Mintu Lal       | B.A. 6 <sup>th</sup> Sem                | 1803/             |
| 9          | 10332032105    | Manroop Kaur    | Joga Singh      | B.A./B.Sc. 6 <sup>th</sup><br>Sem       | 1838/             |
| 10         | 10332023108    | Simranjeet Kaur | Tarlochan Singh | B.A./B.Sc. 6 <sup>th</sup><br>Sem       | 1821/             |
| 11         | 10332023116    | Priya Kaushal   | Birbal          | B.A./B.Sc. 6 <sup>th</sup><br>Sem       | 1896/             |
| 12         | 10332023120    | Avneet Kaur     | Gurjit Singh    | B.Sc. Comp. Sci.<br>6 <sup>th</sup> Sem | 1851/             |
| 13         | 10332023128    | Garima Khurana  | Mukesh Khurana  | B.Sc. NM 6 <sup>th</sup><br>Sem         | 1908/             |

| 14 | 10862023101 | Kavita            | Sheetla Prashad | B.Sc. FD                                  | 2663/3000 |
|----|-------------|-------------------|-----------------|---|-----------|
| 15 | 11382023101 | Lovepreet Kaur    | Mangal Singh    | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2202/2400 |
| 16 | 11382023102 | Nandini Sharma    | Anil Sharma     | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2119/2400 |
| 17 | 11382023103 | Komal             | Parveen Kumar   | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2094/2400 |
| 18 | 11382023104 | Manpreet Kaur     | Satnam Chand    | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2031/2400 |
| 19 | 11382023105 | Avneet Kaur       | Jaswinder Singh | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2121/2400 |
| 20 | 11382023108 | Puneet Kaur       | Jatinder Singh  | B.Voc B&W<br>6 <sup>th</sup> Sem          | 1968/2400 |
| 21 | 11382023113 | Deepika Rana      | Ramesh Chand    | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2086/2400 |
| 22 | 11382023114 | Gurleen Kaur      | Achhar Singh    | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2098/2400 |
| 23 | 11382023115 | Himanshi Sharma   | Bodhraj         | B.Voc B&W<br>6 <sup>th</sup> Sem          | 1971/2400 |
| 24 | 11382023116 | Gurleen Kaur      | Gurpreet Singh  | B.Voc B&W<br>6 <sup>th</sup> Sem          | 2057/2400 |
| 25 | 21762136007 | Somya Sakshi      | Sadanand Jha    | M.Com 4 <sup>th</sup> Sem                 | 1675/2100 |
| 26 | 21762136008 | Supreet Kaur      | Balbir Singh    | M.Com 4 <sup>th</sup> Sem                 | 1660/2100 |
| 27 | 21762136011 | Jagjit Kaur       | Lakhwinder Pal  | M.Com 4 <sup>th</sup> Sem                 | 1670/2100 |
| 28 | 21752136002 | Davinder Jit Kaur | Nirmal Singh    | M.Sc. FD<br>4 <sup>th</sup> Sem           | 1816/     |
| 29 | 21752136003 | Nisha Mehmi       | Parvinder Kumar | M.Sc. FD<br>4 <sup>th</sup> Sem           | 1870/     |
| 30 | 21752136004 | Meena Rani        | Ashok Kumar     | M.Sc. FD<br>4 <sup>th</sup> Sem           | 1837/     |
| 31 | 30352240103 | Tanveer Kaur      | Kuljinder Singh | PGDCA                                     | 627/800   |
| 32 | 40662240104 | Mamta Rani        | Mahesh Kumar    | Dip. in Nanny<br>Care 2 <sup>nd</sup> Sem | 490/600   |
| 33 | 40662240108 | Divya Sharma      | Sunil Sharma    | Dip. in Nanny<br>Care 2 <sup>nd</sup> Sem | 457/600   |

#### **Youth Festival**

The students brought laurels to the college by winning overall Third Runner-up in group D of the Inter-College Youth Festival held at Guru Nanak Dev University. Students bagged positions in 11 items by winning First positions in Skit, Giddha and Phulkari, while second positions in on the Spot Painting, Collage, Photography, Installation, and Rangoli . And stood third in Group Shabad, Folk Song and Poetical Symposium.The efforts of the students and cultural heads were well appreciated by the College Principal.

## Vaccination Camp

In continuation to Vaccination Camp Series, the Vaccination Committee, IQAC team, and Red Ribbon club organised Fifth Vaccination Camp on 2<sup>nd</sup> September, 2022. The camp was organised in collaboration with Civil Hospital where in about 100 students and the staff were vaccinated with Covishield and Covaccine.

## **Teacher's Day**

Teacher's day was celebrated in the college on 5<sup>th</sup> September,2022 ,A power point presentation was given by the college students on the importance of teachers in student's life. Various students expressed their viewpoints on teachers through poems, dance and speeches. While the winners of Punjab Khed-Mela were also congratulated for their achievements.

## **Freshers party & Talent Hunt Competition**

Freshers party and Talent hunt programme was organised by the college on 10<sup>th</sup> September,2022 where the new students were given a warm welcome by their seniors. Students gave spell bounding dance and Giddha performances and classical and semi- classical songs were also sung by the college students. Muskan of B. A sem 1 was crowned Miss Freshers. While Aliza from B.A sem 1 and Mamta of Diploma in Nanny Care were declared first runner up and second runner up. Miss beautiful smile was bagged by Deeksha and Miss confident by Divya. The award for best costume was given to Jesica.

## **National Nutrition Month**

To celebrate the National Nutrition Month, NSS Unit, and Department of Home Science organised various activities where in a lecture on "Healthy diet for Girls" was delivered by Dr. Priyanka Aeri, Head , Department of Home Science on 17<sup>th</sup> September,2022.And a short play "Kyu Ki Jeena Essi Ka Naam Hai" was organised on the theme "Nutritious Diet for Adolescent Girls" in the college assembly on 21<sup>st</sup> September, 2022 to spread awareness about the current issues of Anemia, problems related to menstrual cycle, obesity, and importance of healthy diet. Around 650 students attended this event. Furthermore, a Quiz competition was organised on the same on 29<sup>th</sup> September,2022. Along with these, a short play by the students of Diploma in Nanny Care and Nutrition was performed in college auditorium. Students also made posters, charts, and wrote slogans on healthy diet. Ms. Navreet Kaur and Ms. Kamalpreet of B.A Sem 1 were declared the winners of the quiz competition.

## A Rally and a Potted Plant Competition

Science Department, in collaboration with NSS Unit and Red Ribbon Club organized a rally and Potted Plant Competition on the occasion of World Ozone day and Swachh Amrit Mahotsav. The main aim of this programme was to bring awareness among students to prevent the depletion of Ozone layer as well as to mobilize the vision of building garbage free cities. Around 50 students participated in this competition and Sanjana ,Gursimran, Jyoti of <u>B.Sc</u> Non Medical (sem 5), <u>B.sc</u> Medical(sem 3) and <u>B.sc</u> Medical(sem 5) got First, Second, and Third prize. Along with that, Deeksha and Jaideep Kaur won consolation prizes .Gaganpreet,Isha,Avneet,Sukirti, kajal,and Komal won Appreciation prizes.

## **Seminar on Diet & Nutrition**

Science Department, in collaboration with Red Ribbon club organized a seminar on 'Diet and Nutrition' under National Week 2022. The presentation was well explained by Sanjana, student of <u>B.sc</u> (Non Med) 5th semester. The main aim of this seminar was to bring awareness among students about balanced diet and proper exercise. Around 80 students attended this seminar.

## **115th Birthday Anniversary of Shaheed-e- Azam Bhagat Singh**

The Department of History,NSS Unit and Department of Music organized various activities to mark the 115<sup>th</sup> Birth Anniversary of Shaheed-e-Azam Bhagat Singh on 28<sup>th</sup> September,2022. To celebrate the occasion an Awareness Rally,Poster Making Competition, Patriotic Songs and a Play were organised by the college. A special lecture on the life of Bhagat Singh was also delivered by the college Principal, Dr.Savinder Pal where she threw light on the achievements of the great leader and patriot. About 600 students enthusiastically participated in this program and made it a success.

#### **Celebration of Commemoration of International Non-violence**

Department of Political Science and NSS Unit celebrated the commemoration of International Day of Non-Violence along with 153rd Birth Anniversary of Mahatma Gandhi and 118th Birth Anniversary of Shri Lal Bahadur Shastri. On this occasion various competitions such as Poster making, Slogan Writing ,Essay Writing , Speech Competition and Patriotic Song Competition were organised. PPT was also shown to the students. And the students enthusiastically participated in this event.

## **Celebration of Cyber Awareness day**

On 6<sup>th</sup> October ,2022 the college celebrated a Cyber Awareness Day. To mark this occasion, a lecture by Ms.Swati an Assistant Professor from Computer Science Department was delivered on the topic 'Cyber Security'. In it the causes of cyber threats, types of cyber-attacks, and implementation of cyber security in system along with its techniques were explained by her. She also discussed the benefits and preventive methods from cyber-attacks. All the students got benefitted from this lecture.

## **Free Medical and Cancer Detection Camp**

The NSS Unit, Red Ribbon Club and Department of Home Science organised an extension lecture and medical camp by Inner Wheel Club , Phagwara and Inner Wheel Club South East Phagwara,on 'General Health and Cancer awareness'. Among the speakers were Dr . Anju of New Ruby Hospital, Jalandhar and Dr. Seema Rajan of Eye Care Hospital, Phagwara. Around 700 students and staff members attended this lecture. Ms.Saroj Pabbi , President IWC , Phagwara, Ms. Santosh Kumari, President, IWC Phagwara South East explained the main aim of the camp by spreading awareness about Breast Cancer and the importance of Mammography in treating Breast Cancer. Breast Cancer Detection test was also done of about 50 staff members and other ladies of Phagwara city.

## Seminar on Drug Abuse

A Seminar on 'Consequences of Drug Abuse ' was conducted by Science Department in collaboration with Red Ribbon Club and NSS Unit of the college. The Purpose of seminar was to make the students aware about the drug addiction and how to combat with the addiction of drugs. Vinny, student of B.Sc Medical enlightened the students about reasons of drug abuse while Sukirti threw light on impact of drug consumption and Deeksha of <u>B.Sc</u> Medical made them aware about the future of drug addicts. Madam Principal also enlightened the students about the bad effects of drug addiction and motivated them to stay away from drugs.

#### **Annual Sports Meet**

36<sup>th</sup> Sports meet was organized by department of Physical Education on 6<sup>th</sup> March,2023.Many sports events were conducted like Sack race, Skipping Race, 50m Race,Relay Race, Lemon and Spoon Race, Tug of War. Events for the staff also took place like 50m Race, Gulab Jamun Race Fast ,Walking Race, Support Staff (Male),Support Staff (Female) and Musical Chair Race.

## **Annual Fete**

On 11<sup>th</sup> March , 2023 the College organized its Annual Fete 2023 in the college campus with great pomp and show. The event began with a go-ahead given by the chief guest, Dr. Savinder Pal, College Principal, Joint Secretary and Members of Managing Committee by ceremonial cutting of ribbon and unleashing of balloons into the air representative of the theme of the Fete 'Women Empowerment'. Students came decked up in elegant and attractive attires and enjoyed various eatables .Stalls for games were the standout feature of the Fete where the students enjoyed playing games and won prizes and were also thrilled to take rides. A total of 500 including students and faculty attended the fete.. The event concluded with lucky draw and names of the winners were announced for prizes which included LED TV, Blanket, Dinner Set, Geyser and Buffer.

#### World Consumer Right Day

P.G Department of Commerce celebrated 'World Consumer Right Day' on 15<sup>th</sup> March, 2023. On this occasion an Essay Writing Competition was organized on the theme 'Consumer Rights'. Around 60 students of various classes participated in the event. Dr. Savinder Pal, Principal of the college congratulated the entire team of organizers and participants of the event.

#### World Water Day

On 22nd March, 2023 ,IQAC in collaboration with Professor Puran Singh Science Society celebrated "World Water Day". On this occasion , around 25 students presented "Placard Poster presentation" on the theme 'Accelerating the Change to Solve the Water and Sanitation Crisis'. The foremost incentive of this event was to create awareness about water scarcity, importance of clean water and its conservative measures among the students. Students also took pledge to conserve water every day and take action in their own lives to change the way they use, consume and manage water.

## World Earth Day

On 22nd April, 2023, 'World's Earth Day' was celebrated by Science Department and NCC Wing on theme- 'Invest in our Planet' by Poster Presentation and organizing a rally. The main motive of this theme was to create awareness on the need to protect Earth's natural resources for future generations. Dr. Savinder Pal, college Principal told the students to save the Earth by planting more and more trees and by conserving water. Around 25 students participated in this event.

## Extension lecture on Registration Process under GST and E- way Bills

On 15<sup>th</sup> April, 2023, PG Department of Commerce conducted an Extension lecture on the topic 'Registration Process under GST and E- way Bills'. Advocate Abhishek Kaushal was the Resource person. During his lecture, he talked about the practical aspects of GST registration. Students participated very enthusiastically and enjoyed the lecture. About 40 students of B.com attended the lecture and learned vital aspects of GST. Subject teacher Mr. Kamal Kaushal also attended this lecture. Madam Sanjna Walia, Head, Commerce department extended heartfelt thanks to the Resource person as it was a fruitful session for the students.

## A visit to Apahaj Ghar

On 15th April, 2023 Join Hands Club, and EBSB wing of KNCW Visited 'Apahaj Ghar, Hoshiarpur Road, Phagwara -Home of humanity' on occasion of Baisakhi and Ambedkar Jayanti. Students and faculty members of the college donated Daycare essentials and eatables to the inmates of Apahaj Ghar. During the visit Principal Madam Dr. Savinder Pal interacted with the Staff members and other inmates of the Apahaj Ghar.

## International Biodiversity Day

On 24th May, 2023, IQAC of Kamla Nehru College for Women, Phagwara celebrated 'International Biodiversity Day'. On this occasion, Green squad and Red Ribbon Club organized cleanliness drive. College water tanks, floors and water pipes were cleaned by removing waste, algae and iron rust to ensure proper supply of water. In addition to this, students planted trees in the botanical garden by using organic fertilizers. The college principal, Dr. Savinder Pal thanked Punjab biodiversity Board for its support.

## **Cake Baking Workshop**

Department of Home Science organized a One- day workshop on 22nd August, 2022 on "Cake Baking." 29 students of the college participated in the workshop with full enthusiasm. During this workshop, different techniques of making cake were demonstrated by Dr. .Priyanka Aeri, Head, Department of Home Science.

## **47th Convocation Ceremony**

On 29th April,2023, The College held its 47th Convocation Ceremony, a total of 322 graduates and Post graduates were awarded degrees.. Dr. Preet Mohinder Singh Bedi, the Dean, Students Welfare, Guru Nanak Dev University, Amritsar along with his wife Dr Harpreet Kaur presided over the ceremony. College Principal, Dr. Savinder Pal alongwith Secretary, Management Committee Mr. Ramesh Jain and members Sh. S. N. Aggarwal, Sh. Baldev Raj Sharma and the whole college family extended a warm welcome to the Chief Guest. (Principal) Ms. P. K. Dhillon and Ms Kirandeep Randhawa, Principal, Mohan Lal Uppal DAV College were also present on this occasion.After formal felicitations, lighting of the holy lamp and a prayer to Almighty, Madam Principal presented a comprehensive report on accomplishments of the college and other achievements. On this occasion 322 Post Graduate and Under Graduate students received their degrees from the Chief Guest. Senior Clerk Mr Ramesh Kumar, and helping staff members Ms Raj Rani and Mr Sukhveer were honoured on completion of 25 years of glorious services in the college. In his address, Dr. Preet Mohinder Singh Bedi congratulated the students on their academic achievements and shared his vast knowledge. The event concluded with a formal vote of thanks by the Principal, followed by a formal lunch.

## **Farewell**

On 18<sup>th</sup> April,2023 Department of English, Hindi and Punjabi of the college organised a grand farewell party in the college auditorium to bid adieu to the outgoing classes. On the occasion colorful programmes like dances and songs were displayed by the host classes which were well appreciated by everyone. The activities and fun games were organized by the juniors for their seniors while Modeling was the main attraction of the day which was judged by Dr.Gurpreet Kaur and Madam Kamlesh in which Shruti from BCA won the title of Miss KNC whereas Taran from B.Com and Prableen from BCA were adjudged 1st and 2nd runner up. Further, the title of Miss Elegant was bagged by Tarandeep from BBA and the title of Miss Confident was awarded to Swati from B.Sc Non-medical.

## Seminars/workshops conducted by the institution during the Session 2022-23

| Year | Name of the<br>workshop/seminar                              | Name of<br>Department                    | Number of participants | Date from-To                |  |
|------|--|--|------------------------|-----------------------------|--|
| 2022 | Cake baking  | Home Science                             | 29                     | 22nd August, 2022           |  |
| 2022 | Screen Printing  | Fashion Designing                        | -                      | Oct 18,2022                 |  |
| 2022 | Diet and Nutrition   | Home Science                             | 80                     | -                           |  |
| 2022 | Healthy diet for Girls                                       | Home Science                             | 650                    | 17th<br>September,2022      |  |
| 2023 | Immunological Techniques                                     | Science                                  | 40                     | 2nd February,2023           |  |
| 2023 | Biotechnology  | Science                                  | 33                     | April 6 ,2023               |  |
| 2023 | Various types of Stitches<br>on Automatic Sewing<br>Machines | Home Science and<br>Fashion Designing    | 50                     | 12th April, 2023            |  |
| 2023 | Techniques of doing Block<br>Printing                        | Home Science and<br>Fashion<br>Designing | 85                     | 1 st and 2 nd June,<br>2023 |  |

# **Departmental Activities**

#### **DEPARTMENT OF ENGLISH**

- On 29<sup>th</sup> August 2022, Poster Making Competition on the theme 'Brain Drain' was organised by the English department. The judgement was done by Mrs Aman Lata (Hod English Department), and Dr. Sudhamani (Hod Fine Arts ).
- On 22<sup>nd</sup> September, 2022, A Story Writing Competition for all the outgoing classes was organised by the department of English. The judgement was done by Mrs Aman Lata (Hod English Department).
- The Department of English organised a Poetry Writing Competition on 1<sup>st</sup> April,2023. The theme of 'Self Love' was given on the spot to the students. All the students wrote very creative and motivating poems.
- The Department of English organized a Poster cum Slogan writing competition on the theme 'How to be positive in life'on 24<sup>th</sup> March ,2023. The students from all classes participated with great enthusiasm and prepared beautiful charts with meaningful slogans.
- ★ A seminar on the theme of -Multilingualism□and Environmental crisis was organised by the Department of English for the students of Commerce Department. In this seminar students presented their topic from various perspectives. The students asked questions at the end of seminar from the Presentee which were answered satisfactorily.

#### **DEPARTMENT OF HINDI**

On 14<sup>th</sup> September 2022, Hindi Diwas was celebrated. On this day, various written and oral activities like Story, Paragraph, Essay writing and Sunder Hastakshar in hindi activities were held.

#### **DEPARTMENT OF PUNJABI**

- On 27<sup>th</sup> August, 2022,the Department organised Teej Festival. Main items of the festival were Gidha,Bhangra, Skit and Chorography.
- On 31<sup>st</sup> August,2022, Students participated in Essay Writing Competition organised by Trinty college Jalandhar on topic:'Amrita Pritam Jeevan Rachna'.
- From 30<sup>th</sup> September, 2022 to 09<sup>th</sup> October ,2022, Dr. Palwinder Kaur Randhawa attended 10 days Special National Integration Camp at Kakinada Andhra Pardesh organised by NCC unit Kakinada.
- On 03<sup>rd</sup> November 2022, Organised Essay Writing Competition dedicated to 'Punjab Divas' on topic 'Punjab,Punjabi & Punjabiat.
- On 04<sup>th</sup> November 2022, Academic lecture was organised on the topic 'Punjabi Sabha Atte Punjabi Bhasha di Sathiti' and Dr. Sardul Singh Aujala(DIPS) was speaker.
- On 21<sup>st</sup> November 2023, the Department organised Poetical Poster Competition on topic 'Punjabi Sabhyachar'.Dr. Sudhamani Sood was the judge of the competition.
- On 15<sup>th</sup> February 2023, Moral Value Exam was organised by Guru Gobind Singh Study Circle Ludhiana. .Dr. Palwinder Kaur was controller.
- On 16<sup>th</sup> February 2023, the Department celebrated 'Mother Tongue Day' and Inter -class Competition was organised which included items like Portical Poster, Folk Song, Poetical Symposium and 35 Akri Mukabalas. Principal Dr. Savinder Pal was the Chief guest.
- On 21<sup>st</sup> February 2023, Punjabi Sahit Acdemy Ludhiana celebrated Mother Tongue Day. 21 students participared in it.

#### **DEPARTMENT OF HISTORY**

On 10<sup>th</sup> July 2022, Lecture on 'The Importance of Tiranga' was delivered. A PPT was shown the students about the evolution of Tiranga.

On 28<sup>th</sup> August 2022, The Birth anniversary of 'Shaheed Bhagat Singh' was celebrated. A Rally was organised to spread the message about Shaheed Bhagat Singh among society. A Poster making event was organised. One act play was also staged.

On 14<sup>th</sup> November 2022, the Department celebrated birth anniversary of Birra Munda in continuation to the celebration of Azadi Ka Amrit Mahaotsav ,A ppt was shown to the students related to the life struggle achievements of Birra Munda.

On 26<sup>th</sup> November 2022,the department in collaboration with department of Political science,Fine Arts department,Nss unit celebrated Constitution Day. A Poster making competition was organised. The Students were told about the great contribution of Dr. B.R.Ambedkar towards the upliftment of society.

#### **DEPARTMENT OF COMPUTER SCIENCE**

- Installation Function of 'ACP' Team was organized on 2<sup>nd</sup> Sept. 2022. 5 executive members & 12 members were selected for ACP Team.
- A PPT Making Competition was organized by the ACP Team on 17<sup>th</sup> Sept. 2022.
- A Quiz Competition was organized by ACP Team in which preliminary round was conducted on 30<sup>th</sup> Sept. 2022 and final round was performed on 1<sup>st</sup> Oct. 2022.
- Teacher's Day was celebrated by the students of department on 5<sup>th</sup> Sept. 2022. The students organised various Games for students & teachers. Students performed Dance and sang Songs on this day.
- A Trip to Amritsar was organized by PG Department. of Computer Science & Applications on 14<sup>th</sup> Oct. 2022.

Department of Computer Science organized Annual Fete 2023 in the college campus with collaboration of Department of Economics. The theme of the event was 'Women Empowerment'. A total 500 including students and staff members attended the fete.

#### **DEPARTMENT OF POLITICAL SCIENCE**

- Political Science department organized a programme on 153<sup>rd</sup> Birth Anniversary of Rashtra Pita Mahatama Gandhi ji and 118th birth anniversary of Shri Lal Bahadur Shashtri ji on 1<sup>st</sup> October 2022.
- Department celebrated 'Janjatiya Gaurav Diwas' to mark the Birth Anniversary of Birsa Munda. A documentary was shown to students about unsung hero on 14th November 2021.
- Department Organized a Lecture on Career and Vocational Guidance. Dr. Varun Joshi, District placement officer, Punjab delivered a Lecture on this topic on 17<sup>th</sup> November, 2021.
- Miss Babita Kumari, B.A-2nd Semester student participated in online Quiz Competition organised by the Department of Political Science D.AV College, Hoshiarpur, and got first position.
- "Childrens' Day" was celebrated by the department along with Junior college on 14<sup>th</sup> November 2022.

#### **DEPARTMENT OF MUSIC**

- Achievements in Zonal Youth Festival held at GNDU, Campus Amritsar dated 7 & 8<sup>th</sup> November, 2022.
- 'ONLINE PATRIOTIC SONG COMPETITION' was organized 'Azadi ka Amrit Mahotsav' on 13-8-2022 by Department of Music.
- 'ONLINE PATRIOTIC INTER COLLEGES SINGING COMPETITION was organized by Department of Music on 26<sup>th</sup> January 2023.

#### **DEPARTMENT OF SCIENCE**

- On 16<sup>th</sup> September ,2022 ,Science Department in collaboration with NSS unit and Red ribbon Club of KNCW organised a rally and Potted plant competition on the occasion of World Ozone Day.
- On 24<sup>th</sup> September ,2022, Science Department in collaboration with Red ribbon Club of KNCW organised a seminar on 'Diet and nutrition' under National Nutrition Week 2022.
- On 19<sup>th</sup> October,2022, Science Department in collaboration with NSS unit and Red ribbon Club of KNCW conducted a rally and seminar on topic 'Consequences of Drug Abuse'.
- On 20<sup>th</sup> October, 2022, Science Department and Green Audit committee celebrated "Green Diwali" by organising Rangoli Competiton.
- On 1<sup>st</sup> December,2022, Science Department in collaboration with Red ribbon Club of KNCW celebrated World AIDS Day.
- On 21<sup>st</sup> January,2023, Green Squad team of science Department. had planted saplings of various plants like neem, Amla, Mango etc.
- On 2<sup>nd</sup> February, 2023, the department organised one day workshop on 'Immunological Techniques' in college. Dr. Minhaj Khan, Associate Professor LPU, Phagwara was invited as resource persom.
- On 4<sup>th</sup> February ,2023, department of science celebrated world Cancer Day. Students participated by making posters on this day.

#### **DEPARTMENT OF PHYSICAL EDUCATION**

Department of Physical Education organized 36<sup>th</sup> Annual Sports event in college on 6<sup>th</sup> March, 2023.

#### **DEPARTMENT OF FINE ARTS**

- 25<sup>th</sup> July to 29<sup>th</sup> July 2022- A Painting Workshop on sketching, colouring, shading, water colour, oil and Dry pastel was held.
- 15<sup>th</sup> August 2022. Poster Making Competition was organized by fire Arts Department on the Topic " Azadi Ka Amrit Mahaotsaav."
- 26<sup>th</sup> Nov 2022.A Poster Making activity on the occasion of the celebration of constitution was organized.
- 16<sup>th</sup> February 2023 Poster Making and Slogan Writing Competition organized by Fine Art Department and Punjabi Department Topic "Maat bhasha"
- 21<sup>st</sup> February 2023 Poster Making and Caligraphy Competition was organized by Punjab Sahit Kala Academy Ludhiana.
- O2<sup>nd</sup> March 2023. Poster Making Competition was organized by Fine Arts Departmenton the topic ' Future of Work: Industry 4.0, Innovation A 21st Century skills'.

#### PG DEPARTMENT OF COMMERCE

- On 23<sup>rd</sup> August ,2022, A seminar on Placement was organized for the final year students of Bcom,Mcom and Bsc. Mr. Hari Bains Senior Branch head of SBI Insurance Phagwara was the Chief guest. He told the students with Utkarsh School being run by SBI for students tomake them proficient in Banking Sector.
- PG Department of Commerce conducted an Extension lecture on Registration Process under GST and E- way Bills. Advocate Abhishek Kaushal was the Resource person. During his lecture, he talked about the practical aspects of GST Registration.
- Quiz competition was organised on 03<sup>rd</sup> March 2023 on the theme 'Innovations in Training and Job security under youth 20 consultation programme'
- On 7<sup>th</sup> February ,2023 PG Department of Commerce conducted an Extension lecture on topic 'Valution and computation of GST'. Mr. Deepak Sharma ,Charted Accountant and Director cum Finance Head of 'Lally Automobiles Pvt' was the Rsesource person.

#### **DEPARTMENT OF ECONOMICS**

- Department of Economics organised Annual Fete 2023 in the college campus with collaboration of Department of Computer Science.. The event was given a go- ahead by the chief guest, Dr. Savinder Pal, college principal, Mr. Ramesh Jain, joint secretary and Mr. Baldev Raj Sharma, Member of Managing Committee. The theme of the event was 'Women Empowerment'. A total 500 including students and staff members attented the fete. The guest of honour, Ms Meenu Gupta, principal, Government School and chief guests Mr Kuljeet Singh, Govt. Sen. Sec. School Chak Prema, Mr Raman Sharma, Reporter, Mr Sanjeev Washwa, Laxmi enterprises & Paint, Vikram Mankhand, Veena Enterprises, and Mr Deepak, Deepak Handloom, Phagwara graced the occasion with their presence. The fete was concluded with lucky draw and names of the winners were announced in which prices including LED Tv, Blanket, Dinner Set, geyser, and Buffer system. Mr. Kulwant Singh Channa, college photographer was honoured for his 30 years service to the college.
- Dr. Kanwaljit, attended five days Faculty Development Programme on 'Disaster Management' from 22.8.2022 to 26.08.2022 organized by NIDM(Ministry of Home Affairs, Govt. of India) and MGSIPA(Govt. of Punjab) at Chandigarh.

#### **DEPARTMENT OF HOME SCIENCE AND FASHION DESIGNING**

- Department of Home Science celebrated 75th Independence day with Pot Decoration Competition on the theme of Independence Day on 18<sup>th</sup> August 2022. In the competition Ms. Bandana of BA 1<sup>st</sup> semester was awarded first position, Ms. Maninder and Ms. Kajal of BA 1st semester got second and third position respectively.
- Department of Home Science organized a One-day Workshop on 22nd August, 2022 on Cake Baking 29 students of the College participated in this workshop with full enthusiasm. During the workshop, different techniques of making cake was demonstrated by Dr. Priyanka Aeri. College Principal Dr. Savinder Pal encouraged the students to get involved in more such activities. She also appreciated Dr. Priyanka Aeri, Head Department of Home Science for organizing this event.

- Department of Home Science and Fashion Designing organized Rangoli and Phulkari competitions on 9<sup>th</sup> September, 2022. In Rangoli competition, Ms. Navneet Kaur of B.A Semester I bagged first position, Ms. Manjot Kaur of B.Sc. Medical Semester III bagged Second position and Ms. Muskan Sandhu of B.Sc Semester V of Fashion Designing got third position. Whereas in Phulkari competition Gurpreet Kaur from B.Sc. Fashion Designing Semester V Muskan and Amandeep Suman from B.Sc. Fashion Designing of Semester III stood first, second and third respectively. Consolation prizes were given to Kamalpreet of BA Semester 1 and Neha of BSc FD Semester V and Anamika Sharma of B.Sc Semester III
- Department of Home Science in collaboration with NSS Unit of college organized a Seminar for celebrating National Nutrition Month on 12<sup>th</sup> September 2022. The topic of this seminar was Healthy Diet for Girls. Dr. Priyanka Aeri, Head, Department of Home Science was the Resource Person. During her lecture she talked about the Healthy and balanced diet for girls. She also explained about the food items which should be consumed in our daily diet. About 40 students attended this Seminar.
- Department of Home Science and members of EBSB club organized Quiz competition on 27<sup>th</sup> September 2022, on the theme 'Different cultures of India'. Three teams were made on the names of three different Cuisines of India. All the teams were fully prepared about the food and cusinies of different states. Questions were asked by the Nodal officer Dr. Priyanka Aeri and Madam Sumita Bhalla.
- Department of Home Science and Fashion Designing in collaboration with Learn Earn Club organized Diwali Carnival in the college auditorium on 21<sup>st</sup> October to 22<sup>nd</sup> October ,2022. Madam Nidhi Sardana was the Chief Guest on occasion. The carnival provided a platform to students to showcase their creativity and talent. It was an opportunity to help them explore their entrepreneurial skills. Different stalls of Chocolates, hand made candles, cakes, Muffins, coloured rice and saw dust for making Rangoli, decorative Diyas in vibrant colours, Bhelpuri, Amla Candies and handmade soaps were arranged by the students of respective departments. The items displayed in the stalls were also sold to teachers and students of the college.
- One day workshop on Screen Printing was organized by the Department of Fashion Designing on 18<sup>th</sup> October 2022 in the college. Mr. Ashwani Khosla, Freelancer, from Amritsar was invited to give the demonstration on screen printing. He demonstrated the students multiple colour screen printing technique. It was very rich experience for the students as well as the teachers of the department.

- The students of Diploma in Nanny Care and Nutrition attended Orientation Program held at SDKMV School from 28<sup>th</sup> October 2022 to 3<sup>rd</sup> November and in Udaan preschool Phagwara was organized 2nd December to 9th December2022. During this orientation programmes, students become familiar with the new rules, curriculum, diet plan course registration etc. The objective of this orientation course was to give practical exposure to students. They also executed many activities related motor development and language development and cognitive development. Students of Diploma of Nanny Care and Nutrition got great exposure by performing such kind of activities with the Pre school children.
- EBSB club of Kamla Nehru College for Women, Phagwara celebrated National Girl Child Day on 24<sup>th</sup> January 2023. On this occasion, Extension Lecture was organized on the Theme Personality Development of Girls. Dr. Priyanka Aeri, Head, Department of Home Science was the Resource Person. During her lecture she talked about how to enhance the personality of girls. About 250 students and 50 Faculty members attended the lecture.
- On 26<sup>th</sup> January, 2023, Department of Home Science celebrated 76<sup>th</sup> Republic day by organizing Online Inter College Competition by making Rangoli and Tricolored Nutritious Recipes on the theme of Republic day. Only 8 students from different Colleges participated in these competitions to mark the occasion. In Rangoli competition Savita of BA 1st semester of SD PG college Panipat was awarded first position, Mr Yuvraj of BA 1st semester of Amardeep Singh Shergill Memorial college, Mukandpur got second position. In Tri coloured Nutritious Recipes competition Saachi Tangri of Nutrition and Dietetics of VIth semester of BD Arya college, Jalandhar was awarded first position, Ms Komal BA1st Semester Swami Swatantranand Memorial college Dinanagar got second position, Ms Savita of BA 1st semester of SD PG college, Panipat got third position.
- Department of Fashion Designing organized sketching competition on 10<sup>th</sup> February 2023. 27 students of different classes of the department participated in this competition. Ms Jaskirat Kaur of MSc FD 2<sup>nd</sup> sem stood first and Ms Kavita of BSc FD Sem IV secured 2 nd position. Ms Jasmeen of MSc FD 2nd sem and Anamika Sharma of sem 4<sup>th</sup> got 3<sup>rd</sup> position n this competition. Departments of Fashion Designing and Home Science in collaboration with IQAC organized one day workshop on Various types of Stitches on Automatic Sewing Machines on 12<sup>th</sup> April, 2023. About 50 students of various classes attended the workshop and learnt a variety of stitches on Automatic Sewing Machines. Experts form Usha Company were invited for the demonstration.

- Departments of Home Science and Fashion Designing in collaboration with IQAC organized Pot Decoration and Making of Utility Article Competitions on 15<sup>th</sup> and 17<sup>th</sup> April, 2023. About 46 students of various classes participated in these competitions. In Pot Decoration Ms Navneet of BA 2 nd semester stood first and two students BA 2<sup>nd</sup> semester Ms Bandana and Ms Kamalpreet got 2 nd position Third position was secured by Ms Kajal of BA 2 nd semester. In Utility Article Competition Ms Navneet of BA 2 nd semesterbased first and Ms Shivani and Ms Bandana secured second positions. Ms Palak of B Sc Fashion Designing 2<sup>nd</sup> semester and Ms Pooja of BA 2<sup>nd</sup> semester got 3<sup>rd</sup> position.
- Home Science department conducted two day workshop on baking was conducted on 1<sup>st</sup> and 2<sup>nd</sup> June, 2023.Aim of this workshop was to develop culinary skills of the students in Bakery. Dr. Priyanka Aeri, Head, department of Home Science gave demonstration of making different types of nutritious cakes. About 90 students of +1 and +2 were given training during this workshop and were taught to prepare Nutritious cakes.

Two day workshop for on Block Printing was conducted on 1<sup>st</sup> and 2<sup>nd</sup> June, 2023 by the department of Fashion Designing. The aim of this workshop was to make students aware about traditional techniques of block printing. Ms. Monika, Assistant Professor department of Fashion Designing gave demonstration on block printing. About 85 students of +1 and +2 were given training during this workshop.

## **Library Committee**

- On 12<sup>th</sup> August ,2022 Sh. Bhag Ram Handa Library Celebrated "National Librarian Day" to get the students acquainted with the importance of library in their life. They were also provided the information regarding the resources and services college offers to the students to generate opportunities for learning and support education. Dr. Savinder Pal College Principal talked at length about importance of library. Moreover, it provides access to a large number of different kind of books and other reading materials at one place .She also exhorted the students to visit library as books are said to be best companions.
- College Library committee in collaboration with Internal Quality Assurance Cell of Kamla Nehru College for Women, Phagwara celebrated "National Book Month" from 1 st Oct to 31 st Oct 2022. Number of events were conducted including Library Orientation Session, Best Quotes on education, Power point presentation and also honoured the "Library Star of the month" among the students/staff members.
- The month of November was celebrated as "Book Donation Month". In which student from various stream and staff members donated books. Among Satff, Dr. SavinderPal, Dr.Asha Sharma, Dr. Sudhamani Sood, Mrs. Ruby saini, Dr.Rinka, Dr. Priyanka Aeri were the donors of the books. Madam Principal guided the students about the importance of books in life.

# Faculty News 2022-23

- Principal Dr. Savinder Pal presented a paper entitled 'Bhai Jaita ji Krit Sri Guru Katha: Itihasak and Sahitak Srot' in National Conference on "First Sikh History Congress" jointly organised by Sri Guru Tegh Bahadur Khalsa College, University Of Delhi,Indira Gandhi National Centre of Arts,Delhi sikh Gurdwara Management Committee, and Guru Angad Dev Teaching Learning centre and PMMMNMTT of Minisitry Education held from 5<sup>th</sup> January, to 7<sup>th</sup> January ,2023.
- Principal Dr. Savinder Pal delivered an extension lecture on 'Parsangitka of Guru Nanak dev ji's Bani in 21<sup>st</sup> century' on 15<sup>th</sup> November,2022 at Lyallpur Khalsa College for Women, Jalandhar.
- Principal Dr. Savinder Pal participated in One day NAAC Awareness Programme organised by the department of Higher Education, Chandigarh Administration at SABRAS Auditorium, Post Graduate Govt. College For Girls, Chandigarh on 20<sup>th</sup> December, 2022.
- Principal Dr. Savinder Pal attended first International Conference on "Sri Guru Granth Sahib:contemporary Concerns" on 2-3 March,2023 at sri Guru Granth Sahib World
- University, Fathegarh Sahib and also presented a paper entitled ' Anad Bani: Sehaj Avastha ton Roohani Param Parakh Mandal da sikhar'.
- Dr. Kanwaljit, attended five day Faculty Development Programme on Disaster Management from 22<sup>nd</sup> August 2022 to 26<sup>th</sup> August 2022 organised by NIDM (Ministry of Home Affairs, Govt. of India) and MGSIPA( Govt. of Punjab) at Chandigarh.
- Dr. Priyanka Aeri presented paper on "Nano- textiles: The fabric of the future" at National Conference on October 19<sup>th</sup>, 2022 at ICSSR Seminar hall, Punjab University, Chandigarh..
- Ms. Swati attended National Seminar on 'Digital India: Power to Empower from Nov. 21 to Nov. 22, 2022 organised by department of commerce, Guru Nanak Dev University College, Patti.
- Ms. Swati participated in UGC-Sponsored online Two Week Refresher Course conducted by HRDC, Guru Nanak Dev University, Amritsar from 28<sup>th</sup> January 2023 to 10<sup>th</sup> February 2023 and obtained Grade 'A+'.

- Ms. Nidhi Jassal Participated in Professional Development Programme on 'Implementation of NEP 2020 held from 13<sup>th</sup> to 22<sup>nd</sup> April 2023 and obtained A+ grade.
- Ms. Nidhi Jassal attended training of trainers on Life Skill Education from 20<sup>th</sup> September to 24<sup>th</sup> September 2022.
- Ms. Nidhi Jassal attended E-workshop on 'How to Write Research Paper'from 5<sup>th</sup> December 2022 to 12<sup>th</sup> December 2022 organized by Swami Vivekananad Govt. Degree college.
- Ms. Neha kapoor presented research paper on the topic 'India and Sustainable Investing' in the national seminar on 'Fortering sustainable investment behaviour :A paradigm shift towards Green Economic Growth' sponserd by ICSSR held at H.M.V college Jalandhar.
- Dr. Palwinder Kaur Randhawa attended 10 days Special National Integration Camp at Kakinada Andra Pardesh organised by NCC unit Kakinada.
- Dr. Priyanka Aeri participated in UGC-Sponsered online Two Week Refresher Course conducted by HRDC, Guru Nanak Dev University, Amritsar from 28<sup>th</sup> January 2023 to 10<sup>th</sup> February 2023 and obtained Grade 'A+'.
- Dr. Priyanka Aeri performed duty as a Judge in an event of Flower Arrangement at Gujrawala Guru Nanak Institute of Management & Technology, Ludhiana.
- Dr. Priyanka Aeri participated in an online Workshop on National Education Policy 2020 conducted on 16<sup>th</sup> March,2023.
- Dr. Priyanka Aeri participated in five day International Online workshop on 'Nutritious Diet for Well Being' held from 26<sup>th</sup> December 2022 to 30<sup>th</sup> December 2022 organised by Department of Home Science in collaboration with total Nutrition Diet clinic, Yammunagar, Haryana.
- Dr. Lalit Kumar participated in UGC-Sponsored online Two Week Refresher Course Conducted by HRDC, Guru Nanak Dev University, Amritsar from 28<sup>th</sup> January 2023 to 10<sup>th</sup> February 2023 and obtained Grade 'A+'
- Dr. Lalit Kumar participated in an Online Workshop on National Education Policy 2020: Languages, Culture, Values held on 1<sup>st</sup> March 2023 Conducted by HRDC, Guru Nanak Dev University, Amritsar.

- Dr. Lalit Kumar participated in National Webinar titled "Empowered Women" organized by Department of Music, Punjab University, Chandigarh in association with Department of Music, Govt. Mohindra College. Patiala held on 8<sup>th</sup> March, 2023.
- Ms. Priyanka, Ms.Pinky,Ms. Supriya Lamba and Ms. Isha of Science department has participated in a workshop on 'Immunological Techniques' held on February 2,2023 organised by School of Bio Engineering and Biosciences,Lovely Professional University,Punjab.
- Ms. Priyanka Mankhand, Ms. Supriya Lamba and Ms. Tunish Kaur Of Science Department attended workshop on biotechnology on April 6, 2023.
- Ms. Pinky was awarded IASC-INSA-NASI-2023.She worked on Synthesis of Donor-Acceptor Derivatives for OLED Applications of CSIR-NIIST, Thiruvanthapuram, Kerala in the month of june and july.

## **Bidding Adieu to the family members of KNC**

Under the guidance of Honourable College Principal Dr. Savinder Pal, Kamla Nehru College for Women, Phagwara gave a warm send-off to non-teaching staff member Ms Shashi Sharma on June 30, 2023 who had joined this institution as a Lab attendant and got retired after 24 years of her service to this institution.

## **Extension Activities conducted by NSS Unit**

- On 07<sup>th</sup> July 2022 NSS unit of Kamla Nehru College for Women, Phagwara celebrated 'Van Mahotsav Day'
- On 11<sup>th</sup> July 2022, NSS unit of Kamla Nehru College for Women, Phagwara celebrated World Population Day' under the Azadi Ka Amrit Mahotsav.
- On 12<sup>th</sup> July 2022, , 'Beti Bachao, Beti Padhao' campaign was initiated by the Government of India to address the issue of declining the child sex ratio, volunteers of NSS unit of Kamla Nehru College for Women, Phagwara to spread awareness among people about the importance of girl child by visiting their homes
- On 13<sup>th</sup> July 2022, under Beti Bachao,Beti Padhao campaign to educate masses against gender bias.Students expressed their views through Slogan Writing and Poster Making Competition.Volunteers took out a rally holding posters under 'Beti Bachao, Beti Padhao'.
- On 15<sup>th</sup> July 2022, NSS unit of Kamla Nehru College for Women, Phagwara organised one day camp on Importance of Blood Donation'.
- 22<sup>nd</sup> July 2022, Azadi ka Amrit Mahotsav 'Har Ghar Tiranga week was celebrated. Under this, Selfie with Tiranga activities performed.
- On 26<sup>th</sup> July 2022 Under Azadi ka Amrit Mahotsav 'Har Ghar Tiranga week Poster making competition organised.
- On 08<sup>th</sup> August 2022. NSS unit of Kamla Nehru College for Women, Phagwara celebrated Iconic Week as part of Azadi ka Amrit Mahotsav 75th Independence Day celebrated from 8<sup>th</sup> August 2022 to 15<sup>th</sup> August 2022. The celebration continuined with pledge ceremony.
- Film documentary was shown on the importance of tricolour on 9th August,2022.
- Extension lecture on the importance of Tiranga was delivered by Mrs. Kamlesh (HOD History) on 10<sup>th</sup> August,2022.
- Selfie with Tiranga activity was performed on 11th August,2022.
- Poster making and pot decoration competition on the theme of Har Ghar Tiranga was held on 12thAugust, 2022.
- A rally and an online Patriotic Song Competition was held song competition on 13th August 2022.
- > The final diamond in the crown was the flag hoisting to mark the special occasion.
- From 1<sup>st</sup> September 2022 to 15<sup>th</sup> September 2022, NSS Unit of Kamla Nehru college for Women, Phagwara observed Cleanliness drive in college campus under SWACHHATA PAKWADA.

- > 5th Rashtriya Poshan Maah was observed from 1st September to 31st September 2022
- On 16<sup>th</sup> September 2022, NSS Unit of Kamla Nehru college for women, Phagwara celebrated World Ozone day
- > On 24<sup>th</sup> September 2022,NSS day was celebrated by NSS unit of Kamla Nehru college for women.
- On 28<sup>th</sup> September 2022, NSS unit of Kamla Nehru College for Women, Phagwara celebrated 115th Birth Anniversary of Shaheed-e-Azam Bhagat Singh.
- On 1<sup>st</sup> October 2022, NSS unit of Kamla Nehru College for Women, Phagwara celebrated the Birth Anniversary of Mahatma Gandhi and Shri Lal Bahadur Shastri
- > On 6<sup>th</sup> October 2022, one day free Medical camp was organised by NSS Unit
- On 18<sup>th</sup> October 2022, NSS Unit of Kamla Nehru College for Women celebrated CLEAN INDIA programme. under this campaign one day camp was organised. NSS Volunteers visited in the various villages and clean the surrounding area of village and collected the wastage and handover to village sarpanch and also made them aware regarding the cleanliness
- On 19<sup>th</sup> October 2022, NSS unit of Kamla Nehru College for Women, Phagwara organised a Seminar on Drug Abuse
- On 20<sup>th</sup> October 2022 ,NSS Unit of Kamla Nehru College for Women , Phagwara organised Rally to create Awareness regarding the stoppage of stubble burning .
- On 22<sup>nd</sup> October 2022, one day camp was organised. NSS Volunteers visited Old age Home for celebrating Diwali
- > On 31<sup>st</sup> October 2022, NSS Unit of Kamla Nehru college Celebrated National Unity Day
- > On 25<sup>th</sup> November 2022, NSS Unit of Kamla Nehru college organised Blood Donation Day
- > On 26<sup>th</sup> November 2022, NSS Unit of Kamla Nehru college Celebrated Constitution Day'
- On 01<sup>st</sup> December 2022, NSS Unit of Kamla Nehru college for women, Phagwara celebrated AIDS DAY.
- ▶ NSS Special Camp was organised from 22<sup>nd</sup> December 2022 to 28<sup>th</sup> December 2022.
- On 12<sup>th</sup> January 2023, NSS Unit of Kamla Nehru college for women, Phagwara celebrated National Youth Day
- On 12<sup>th</sup> January 2023 to 17-01-2023, NSS Unit of Kamla Nehru College for Women, Phagwara celebrated Road safety week. A seminar was organised on this occassion
- On 24<sup>th</sup> January 2023,NSS Unit of Kamla Nehru College for Women, Phagwara celebrated National Girl Child day.

- NSS Unit of Kamla Nehru College for Women, Phagwara celebrated Republic Day from 24<sup>th</sup> January 2023 to 26<sup>th</sup> January 2023. The celebration continued with activities such as Run for Healthy India and Online inter- College Competition on 24th January, and the Poster Making Competition on 25th January. The final diamond in the crown was the flag hoisting to mark the special occasion on 26th January. Honourable College Principal Dr. Savinder Pal, hoisted the National flag along with faculty members and students. This proud moment was followed by National Anthem. About 100 students attended this Ceremony.
- On 4<sup>th</sup> February 2023, NSS Unit of Kamla Nehru college for women, Phagwara celebrated World Cancer day.
- 28<sup>th</sup> February 2023, Under the Guidance of Honourable College Principal Dr. Savinder Pal, NSS UNIT of Kamla Nehru College for Women, Phagwara conducted an Essay Writin Competition on the topic 'Global uncertainty and its Impact on job market' under Youth 20 consultation programme on the theme 'Future of Work: Industry 4.0, Innovation and 21<sup>st</sup>
- Century Skills organised by GNDU, Amritsar. About 50 students participated enthusiastically in this Competition. The College Principal made the students aware about global uncertainty and its positive and negative impact on job market. On 08<sup>th</sup> March 2023, NSS Unit of Kamla Nehru College for Women, Phagwara celebrated International women Day From 30<sup>th</sup> May 2023 to 05<sup>th</sup> June 2023 NSS unit celebrate World Environment day
- > On 21<sup>st</sup> June 2023 NSS unit celebrate international Yoga Day.

## **Extension Activities conducted by NCC Unit**

- 22<sup>nd</sup> July 2022, NCC wing celebrated Azadi ka Amrit Mahotsav 'Har Ghar Tiranga week under this programme, Selfie with Tiranga activities performed.
- On 26<sup>th</sup> July 2022 ce,lebrated Azadi ka Amrit Mahotsav 'Har Ghar Tiranga week'. under this programme, Poster making competition organised.
- On 08<sup>th</sup> August 2022. NCC unit of Kamla Nehru College for Women, Phagwara celebrated, Iconic Week as part of azadi ka Amrit Mahotsav 75th Independence Day from 8<sup>th</sup> August 2022 to 15<sup>th</sup> August 2022.
- Film documentary was shown on the importance of tricolour on 9th August,2022.
- Extension lecture on the importance of Tiranga was delivered by Mrs. Kamlesh (HOD History) on 10<sup>th</sup> August,2022
- Selfie with Tiranga campaign on 11th August,2022.
- Poster making and pot decoration competition on the theme 'Har Ghar Tiranga' was held on 12thAugust, 2022.
- > A rally and online Patriotic Song Competition was held on 13th August 2022.
- > On 2<sup>nd</sup> September 2022, fifth covid vaccination camp was organised.
- > On 31<sup>st</sup> October 2022,NCC wing of KNCW celebrated Unity Day.
- > On 25<sup>th</sup> November 2022,NCC wing celebrated Blood Donation Day.
- On 01<sup>st</sup> December 2022, NCC wing of Kamla Nehru college for women, Phagwara celebrated AIDS DAY.
- > On 20<sup>th</sup> January 2023, 'Road Safety Week' was celebrated. A Seminar was organised.
- > On 15<sup>th</sup> January 2023, 'Army day' was celebrated.
- > On 24<sup>th</sup> January 2023 'National Girl Child Day' was celebrated.
- ▶ From 24<sup>th</sup> January to 26<sup>th</sup> January 2023, 'Republic Day' was celebrated.
- Dr. Palwinder Kaur Randhawa attended 10 day Special National Integration Camp at Kakinada Andra Pardesh organised by NCC unit Kakinada from 30<sup>th</sup> September to 9<sup>th</sup> October 2022.
- > NCC and Science Department celebrated World Earth Day on theme 'Invest in our Planet'.
- > On 5<sup>th</sup> June 2023, NCC celebrated 'Environment Day'.
- ▶ Intenational Yoga day was celebrated on 21<sup>st</sup> June,2023.