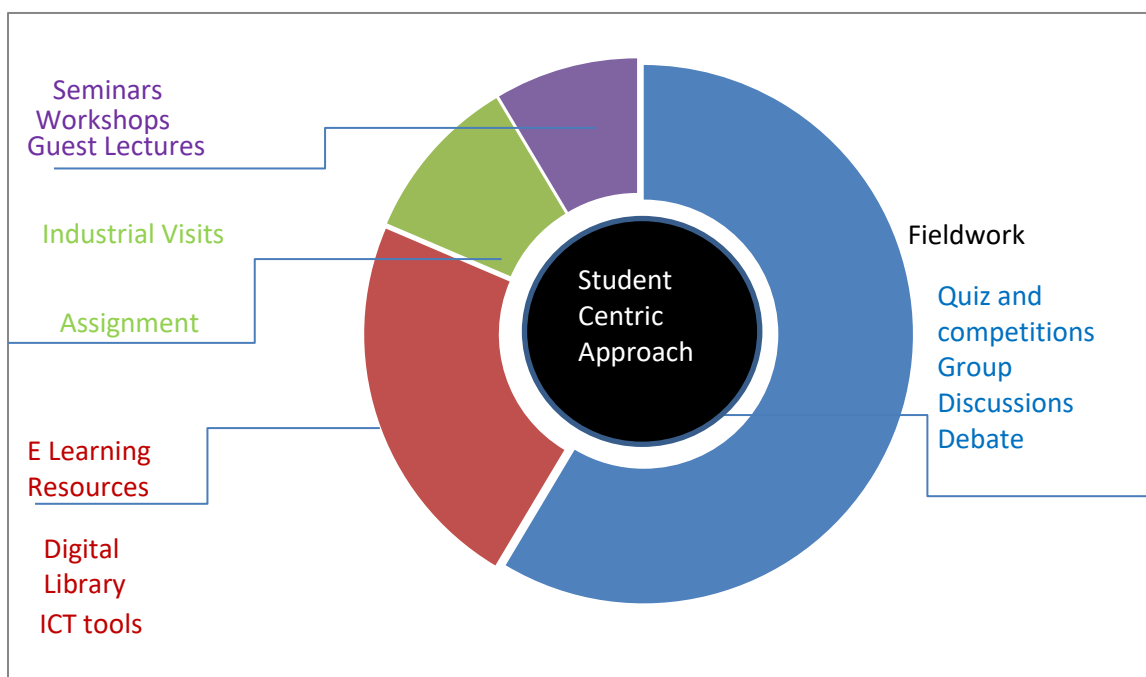


## **Student Centric Approach**



To impart skilful knowledge to the students regarding every aspect of the syllabus, various Departments performed practical to learn through experiments

## Practical Experiment in Computer Lab



## Practical Experiment in Chemistry Lab





Practical Experiment in Physics Lab





## Various Practical's in Department of Home Science





Various Practical's in Department of Fashion Designing









## Various Practical's in Department of Cosmetology









## Field Work

One day camp organised at Pandwa village by Home Science Association Under the auspices of Principal Dr. Savinder Pal, the Home Science Association of Kamla Nehru College for Women, Phagwara organized one day camp at Pandwa village, near Phagwara for students enrolled in Diploma in Nanny Care and Nutrition program and in BA Home Science. The overarching objective was to provide comprehensive guidance to villagers on an array of pertinent subjects, encompassing Nutritious health, immunization, breast feeding and healthy diet practices. Both students and educators actively engaged in enlightening dialogues with the villagers, adeptly addressing their inquiries and apprehensions. Moreover, interactive sessions and recreational pursuits were meticulously arranged, eliciting fervent participation from the villagers. As a culminating gesture, sanitary napkins were distributed, thereby further enhancing the holistic welfare of the community. Principal Dr. Savinder Pal extended heartfelt appreciation towards the endeavors of both students and teachers, recognizing their admirable initiative in educating and empowering the villagers.





**kncw\_phagwara \*Industrial visit to Sleek Value Station Hoshiarpur\***

The Department of Fashion Designing of Kamla Nehru College for Women, Phagwara, orchestrated an industrial visit for students enrolled in the BSc and MSc Fashion Designing programs to Sleek Value Station at Hoshiarpur. During this excursion, students were introduced to the intricacies of fabric construction utilizing various types of looms. Moreover, they acquired knowledge pertaining to the diverse methodologies involved in constructing both male and female garments. This immersive experience not only enriched their practical skills but also significantly contributed to their professional growth. Dr. Savinder Pal, the Principal, expressed appreciation for the Fashion Designing department's faculty members for their commendable efforts in coordinating this educational visit.



**kncw\_phagwara \*Kamla Nehru College for Women, Phagwara organised a community Development program\***  
Under the astute direction of Principal Dr. Savinder Pal, Kamla Nehru College for Women, Phagwara orchestrated a community development initiative. The endeavor, spearheaded by the Eco Club and Buddy Group, entailed a multifaceted program. This undertaking was paralleled by an educational outreach aimed at approximately 50 women and adolescent girls, highlighting the significance of menstrual hygiene in fostering optimal health outcomes. About 200 sanitary napkins were distributed among 50 ladies and adolescent girls. Notably, a tree plantation drive was also executed in the vicinity of Khurampur village near Phagwara. Several plants were also planted in the Government Primary Smart school, KhuramPur. The villagers evinced satisfaction with the initiative and pledged unwavering support for further arboreal endeavors within their community.



kncw\_phagwara \*Home Science Association organized a visit to school\*

The Home Science Association orchestrated a visit to Shri Guru Ravidass Model School situated in Pandwa Village, proximate to Phagwara. This endeavor facilitated students enrolled in the Diploma program for Nanny Care and Nutrition to actively participate in interactive sessions with the young pupils. The itinerary comprised storytelling, recitations of poems, and a spectrum of recreational activities, thereby furnishing invaluable practical experience to the students. Principal Dr. Savinder Pal commended the diligent efforts of Dr. Priyanka Aeri and Madam Pooja for orchestrating the excursion, while advocating for further such ventures to augment students' experiential learning prospects in the future.

Number of Seminars/conferences/workshops conducted by the institution during the year

ACTIVITY PICTURES

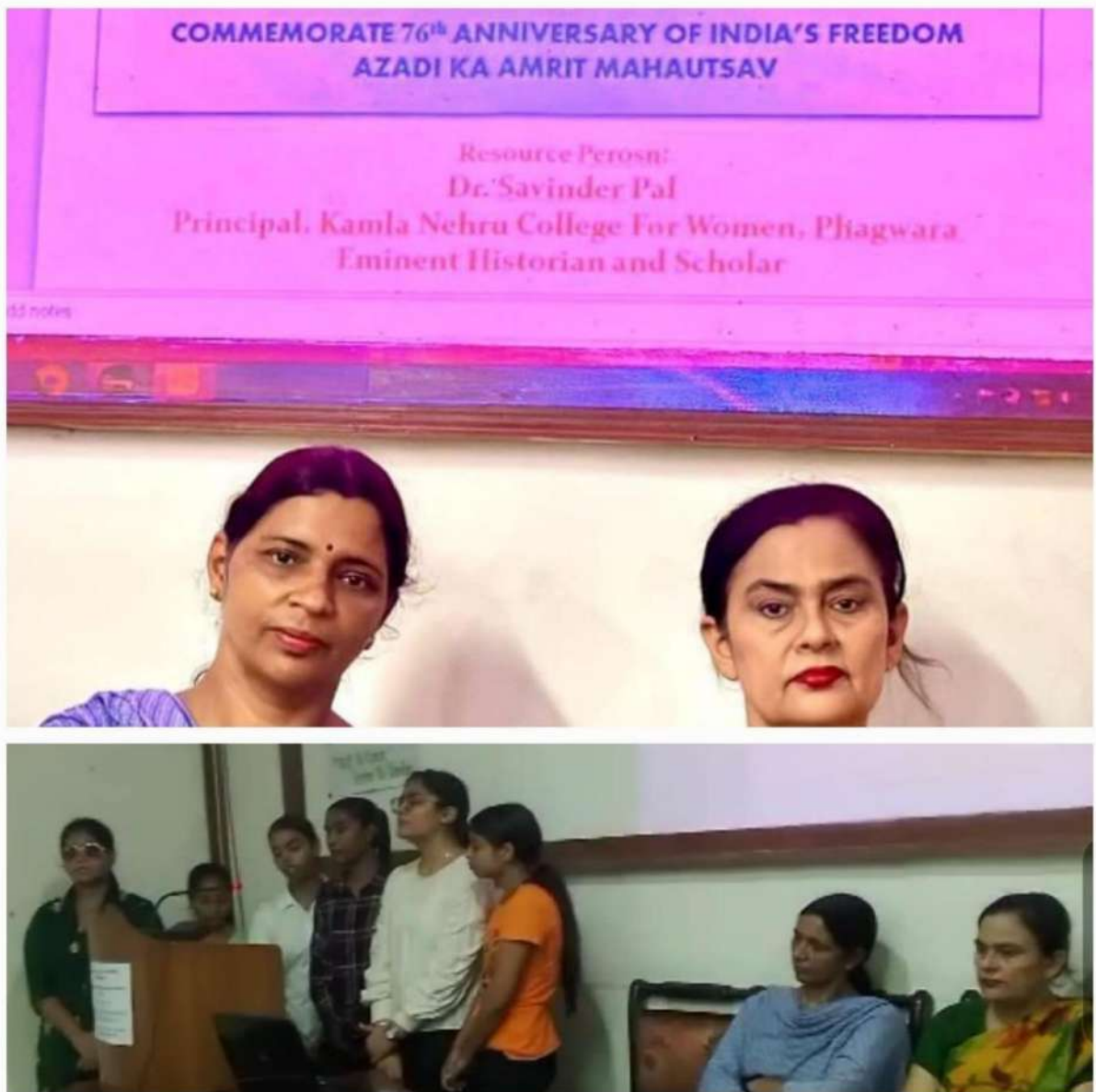


One Day workshop on Block Printing





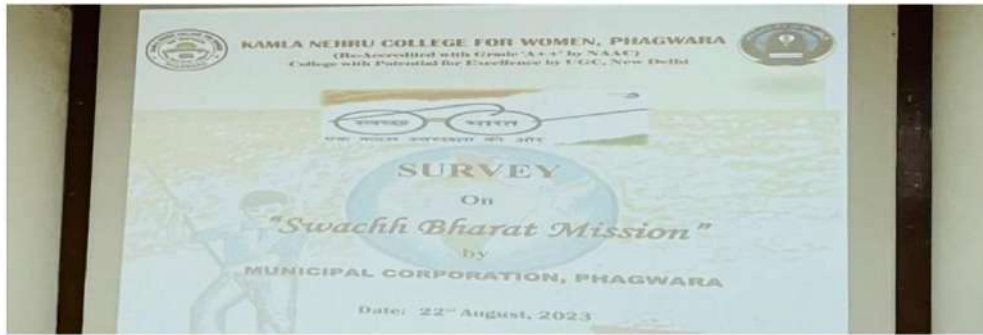
"Career Avenues under new Government Policies".



'The Role of Women in Freedom'



'Indian Entrepreneurship'



Swachh Bharat Mission



Extension lecture on “Research Methodology”



Two-days SEBI-sponsored workshop



Workshop on Screen Printing



Extension Lecture was delivered on 'Swachhta Hi Seva hai'





Extension lecture on Manav Sewa Sankalp Diwas

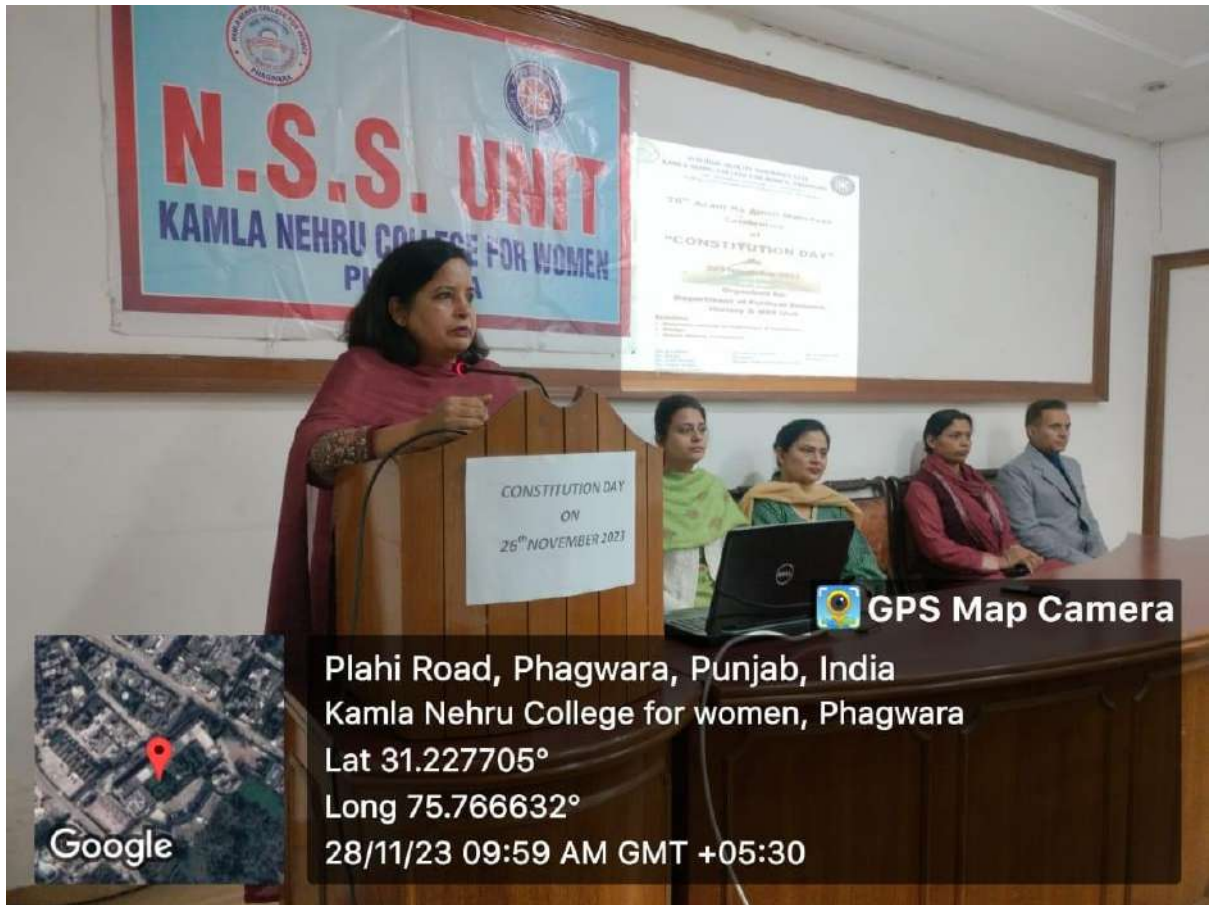




Extension Lecture on 'Drug Abuse'.



'History of Banking and Role of regulatory body'



An extension lecture on 'Constitution Day'



Lecture on International Year of Millets.



Extension lecture on the topic Chemical Analysis and its Applications.



Academic Lecture on Topic ' Punjabi Boli Te Lipi me Pyar te Satikar'



3- days workshop on National Science Day.



*Extension lecture on the topic 'Ethical Issues in Scientific Era'*







*Extension lecture on World Mathematics Day*



REC

APPLICATIONS OF SFBT  
Occupational Rehabilitation

Disorder/Problem	Research Findings
 Return to work	Increased rates of return to work compared to traditional methods.
 Psychological outcomes	Significant improvements in psychological functioning compared to usual treatment.
 Aggressive and wandering behaviors in dementia	Reduction in aggressive and wandering behaviors in dementia patients.
 Mental health in older adults	Improved mental health outcomes in older adults with self-identified problems.

SFBT CARD : 1

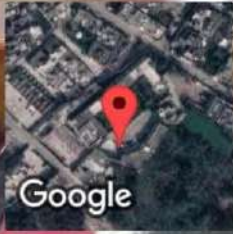
[www.edu.krbt.org](http://www.edu.krbt.org)

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Extension Lecture on SFBT



**Lecture on Consumer Awareness Day**



Phagwara, Punjab, India  
Kamla Nehru college for women, Phagwara  
Lat 31.227506°  
Long 75.766734°  
06/04/24 11:05 AM GMT +05:30

GPS Map Camera

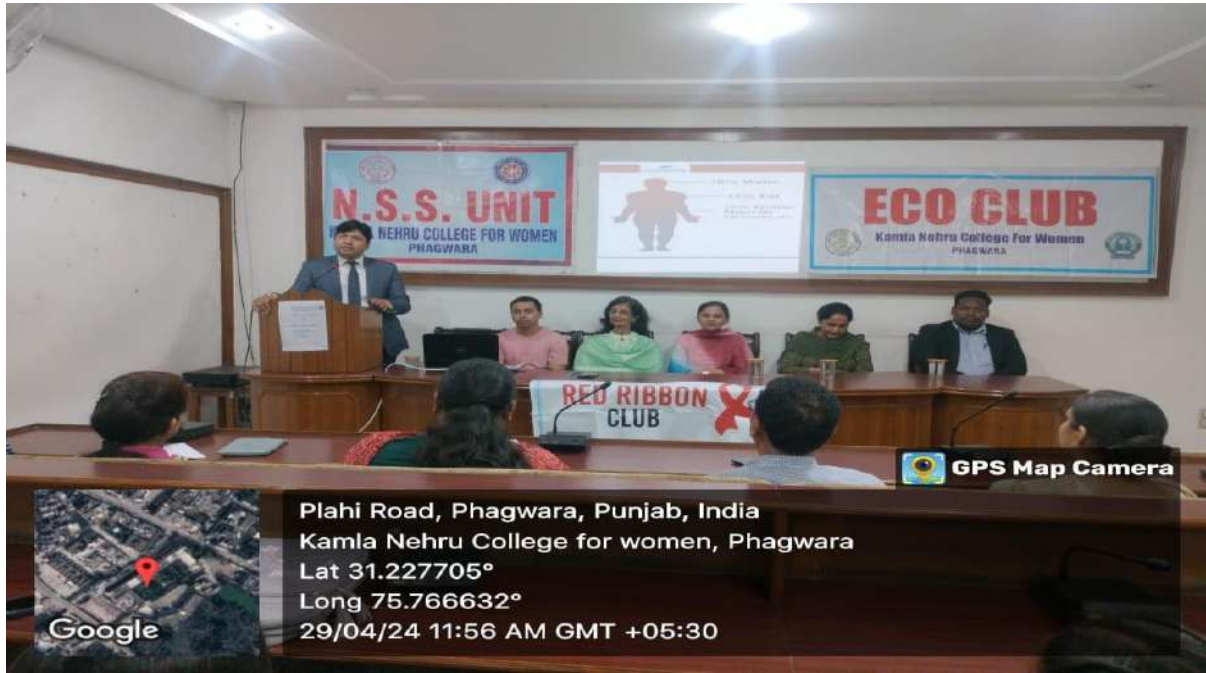
One day GST workshop



Workshop on 'Improving Emotional Strength'



Extension lecture in Mathematics on topic 'Graph theory'



Workshop on 'Kitchen and Water Therapy'



Principal *S. K. Kaur*  
Kamla Nehru College For Women  
Phagwara (Kapurthala)

## Glimpses of Some Competition organized by Various Departments



kncw\_phagwara \*Quiz competition organised by Home Science Association at Kamla Nehru College for Women\* Under the esteemed guidance of Principal of the college Dr. Savinder Pal, Home Science Association of Kamla Nehru College for Women Phagwara organized a quiz competition on 4th March 2024. Three teams of students from the Diploma in Nanny Care and Nutrition program participated, with questions posed by Madam Pooja on the topic Therapeutic Diet. Dr. Savinder Pal commended the department for their initiative and praised the students for their proactive involvement. She encouraged continued participation in such events and emphasized the importance of organizing similar events in the future.



**kncw\_phagwara** The Science Department, in collaboration with the IQAC, Prof. Pooran Singh Society, Green Squad Club, and Red Ribbon Club of Kamla Nehru College for Women in Phagwara, inaugurated a three-day workshop for National Science Day. On the second day of the workshop, which took place on 27th February 2024, six events were held: poster making, collage making, potted plant decoration, enhancing food with flora, article writing, and best out of waste competition. These events were judged by Ms. Sudhamani, Ms. Monika, Ms. Geeta, Ms. Harmeet, Ms. Manvinder, and Mr. Rajeev Kumar. 70 students participated in these events, showcasing their creativity and scientific skills.



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**kncw\_phagwara \*Inter- college competition at DAV College, Jalandhar, a success for Kamla Nehru College for women's science department\***

Under the esteemed guidance of Dr. Savinder Pal, the College Principal, the Science Department of Kamla Nehru College for Women participated in an Inter-College Competition at DAV College, Jalandhar on March 21, 2024. The event saw the enthusiastic participation of 15 students in various engaging activities including nest making, declamation, poetry, zero waste fireless cooking, and eco paradise.

In a proud moment for Kamla Nehru College for Women, Gursimran and Priyanka clinched the 1st prize in the nest making competition, showcasing their talent and dedication.

Accompanying the students were faculty members Ms. Tunish Kaur, Assistant Professor of Zoology, and Ms. Jaspreet Kaur, Assistant Professor of Mathematics. Their presence and support added immense value to the participation of the students.

Moreover, the visit extended beyond the competition as students had the opportunity to explore the Zoology Department at DAV College, gaining insights through laboratory visits and museum tours.



knw\_phagwara Kamia Nehru College for Women, Phagwara organised a poster making competition.

On 14th August, 2023 the department of Fine Arts organized a poster making competition under the guidance of Principal Dr Savinder Pal on the theme "Meri Mitti, Mera Desh". A total of twenty five students participated in the competition and made various types of posters displaying their art. Gurasis Kaur from class 12th and Rehana khaton from B.A Sem.3 bagged first position. Whereas Khushi and Nisha Raj from B.A Sem. 1 and Kashish Mehra from +2 bagged second position. And Mannat, Swarnajeet, and Simran Minhas from +1 bagged third position. The consolation prizes were given to Amanpreet +2 and Sukhman Kaur from +1. The judgement of the competition was done by Dr. Priyanka Aeri from the department of Home Science.

Principal Dr. Savinder Pal congratulated the students for their achievements and also motivated them to make progress. She also congratulated Dr. Sudhamani Sood, Head of Fine Arts department for the accomplishment of this commendable activity and also asked her to organise such events in future to enhance the skills of students.



### kncw\_phagwara Workshop held at KNC

Departments of Fashion Designing and Home Science together organized a one day workshop on Block Printing. Madam Monika from Department of Fashion Designing gave demonstration on Block Printing. About 57 students c different departments participated in this workshop very enthusiastically. The workshop was every interesting and informative. Principal Dr. SavinderPal congratulated the organizers of this workshop for organizing this wonderful workshop.